



# HEALTHY SCHOOLS HEALTHY PEOPLE



## COMMIT TO CLEAN

### Toolkit



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## COMMIT TO CLEAN: Classroom Checklist

Classrooms are shared spaces that are important to keep clean for the well-being of students and staff. In addition to routine school cleaning and following best practices from public health organizations, it's important to pay additional attention to frequently touched areas of the classroom.

### Here's how:



- Desks, chairs and tables
- Countertops
- Door handles and knobs
- Cabinets, lockers, and bookshelves
- Light switches
- Shared school supplies
- Classroom electronics
- Faucets and drinking fountains
- Toys and other childrens' items

### Disinfecting 101

- ✓ **WHAT:** Frequently touched surfaces and objects in the classroom
- ✓ **WHEN:** At least daily, when children are not present
- ✓ **HOW:** For visibly dirty surfaces, pre-clean with soap and water. Using an EPA-registered disinfectant\*, apply product per the manufacturer's directions, leaving on the surface for the entire time indicated.

For food contact surfaces or toys, follow manufacturer's application instructions, then if label directions require, rinse thoroughly with potable water and allow to air dry or dry with a clean towel.

\*[epa.gov/listn](http://epa.gov/listn)

### Clean Classroom Tips

- ✓ Clear the clutter and focus on the most important teaching tools to reduce places that can collect dirt and germs.
- ✓ Consider removing items that get touched in the classroom but are difficult to sanitize or disinfect, like area rugs, plush toys or pillows.
- ✓ Keep hand sanitizer with at least 60% alcohol handy in the classroom when schedules prohibit a trip to the bathroom to wash hands. Please supervise its use by younger students.
- ✓ Discourage sharing of items that are difficult to clean or disinfect, like electronic devices or pens, pencils, crayons, etc.

### Be Safe

- ✓ Never mix cleaning products.
- ✓ Read and follow label directions prior to cleaning and disinfecting.
- ✓ Open doors and windows to ensure adequate ventilation.
- ✓ Store all disinfectants appropriately and out of reach of small children.

If access to EPA-registered disinfectants is an issue, speak to school administrators.

Source: Centers for Disease Control and Prevention



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## COMMIT TO CLEAN: The After-School Routine

It's a new school year with new routines. Help keep your family and the school community safe by following **these steps for clean and healthy after-school activities:**



Leave backpacks, shoes, and outerwear near the door.



Encourage frequent handwashing with soap and water for at least 20 seconds, especially when returning home and before eating.



Wash and dry cloth face masks and clothing on the highest heat that is safe for the fabric.



Stay alert and monitor your child's health. If they're showing signs of being sick, keep them home to protect those who might be at risk.



For more tips on cleaning and disinfecting to prevent the spread of germs in your home, visit the Centers for Disease Control and Prevention at [CDC.gov](https://www.cdc.gov).

Source: Centers for Disease Control and Prevention

[www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html)



# HEALTHY SCHOOLS HEALTHY PEOPLE

## COMMIT TO CLEAN:

We're all responsible, as staff and faculty, to maintain a clean, healthy and safe environment for students, colleagues and the school community at-large. Help keep our school clean to minimize the spread of germs throughout the day. **We're all in this together!**



### Set the Example

- ✓ Wash your hands frequently with soap and water for at least 20 seconds and encourage others to do the same. (Schedule time for this.)
- ✓ Keep at least 60% alcohol-based hand sanitizer handy in the classroom when schedules prohibit a bathroom trip. Supervise its use by younger students.
- ✓ Stay home if you are feeling sick or if you have been exposed to someone who is sick.



### Keep Our Space Clean

- ✓ Clean and disinfect frequently touched surfaces and objects within your workspace at least daily.
- ✓ Open doors and windows to ensure adequate ventilation while cleaning and disinfecting.
- ✓ Remove items from common areas that are unnecessary or difficult to clean and disinfect.
- ✓ Discourage sharing items to reduce contact from multiple people.
- ✓ Close off areas used by a sick person and don't use these areas until they have been cleaned and disinfected.



### Be Safe

- ✓ Help remind students to stay vigilant about handwashing, especially at key times like after going to the restroom and before lunch.
- ✓ Never mix cleaning and disinfecting products.
- ✓ Read and follow label directions prior to cleaning and disinfecting.
- ✓ Wear protective gear, such as gloves and eye protection, following manufacturer's instructions.
- ✓ Open doors and windows to ensure adequate ventilation.
- ✓ Store all cleaning and disinfecting products appropriately and out of reach of small children.

Source: Centers for Disease Control and Prevention

## Commit to Clean: We All Have a Role to Play

Sometimes the smallest habits, like frequent handwashing, can make the biggest impact in keeping us all safe and healthy.

Here's the best way to get rid of those germs!



**Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



**Lather** your hands by rubbing them together with the soap. Be sure to scrub the backs of your hands, between your fingers, and under your nails.



**Scrub** your hands for at least 20 seconds.

(Tip: Hum the "Happy Birthday" song from beginning to end twice.)



**Rinse** your hands thoroughly under running water.



**Dry** with a clean towel or air drier.

## Do your part.

Encourage others to clean their hands, too!

Source: Centers for Disease Control and Prevention

# Social Media Content

Please feel free to use these posts and graphics on your social media channels.

Handwashing is a big part of keeping our school healthy. Let's all do our part! <https://bit.ly/2FOk32R> #HealthySchoolsHealthyPeople



We all have a part to play in keeping students healthy and learning. Here are some things families can do at home: <https://bit.ly/2ZHBDNe> #HealthySchoolsHealthyPeople



# Additional School Resources

## Coronavirus Cleaning:

ACI Webinar for School Reopening  
CDC: COVID-19 Communications Toolkits  
CDC: Considerations for Schools  
CDC: Back to School Checklist  
Coronavirus Cleaning Landing Page  
Latest COVID-19 Information

## Hand Hygiene Education:

CDC Handwashing Video  
Life is Better with Clean Hands Campaign  
ACI Clean Hands Publications

## Disinfecting in Schools:

CDC: 6 Steps for Disinfecting in Schools  
CDC: Cleaning and Disinfecting Classrooms

