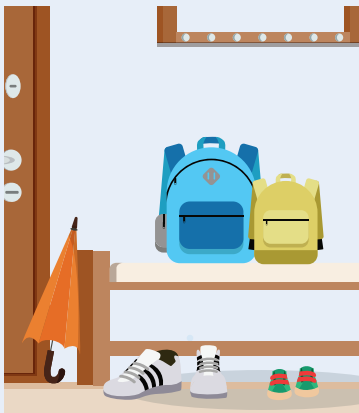




# HEALTHY SCHOOLS HEALTHY PEOPLE

## COMMIT TO CLEAN: The After-School Routine

It's a new school year with new routines. Help keep your family and the school community safe by following **these steps for clean and healthy after-school activities:**



Leave backpacks, shoes, and outerwear near the door.



Encourage frequent handwashing with soap and water for at least 20 seconds, especially when returning home and before eating.



Wash and dry cloth face masks and clothing on the highest heat that is safe for the fabric.



Stay alert and monitor your child's health. If they're showing signs of being sick, keep them home to protect those who might be at risk.



For more tips on cleaning and disinfecting to prevent the spread of germs in your home, visit the Centers for Disease Control and Prevention at **CDC.gov**.

Source: Centers for Disease Control and Prevention



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[www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html)