

Don't Hand Those GERMS to ME!

Everyone knows that germs can cause illness. But did you also know that your unwashed hands could add up to lots of GERMS — and illnesses — for your family . . . friends . . . neighbors . . . and even strangers?

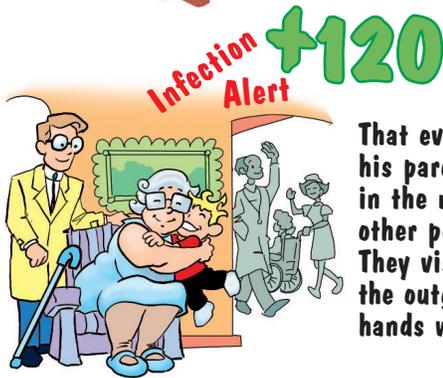
And remember: Soap and water are the tried-and-true way to clean hands. But if they're not available — use an alcohol-based wipe or hand gel!



It's the last class of the day. You get your mid-term tests back — you and your study buddy both aced it! Your friend covers a sneeze with his hand just before he high-fives your hand in celebration.



After school, you hurry to your babysitting job stopping to pet a neighbor's dog along the way. When you arrive at your after school job, you immediately prepare a snack for the 4-year-old you're watching.



That evening, the 4-year-old and his parents visit his grandmother in the nursing home, where 120 other people live and/or work. They visit during dinner hour, and the outgoing youngster shakes hands with many friends.



The next morning, the child attends day care with 15 other 4-year-olds, playing and sharing toys. Each of them gets picked up by a parent or guardian at the end of the day.



That same morning, the 4-year-old's parents head off to work. Between the two of them, they'll interact with at least 50 other people by the end of the day.

And meanwhile, back at your school — your friend has stayed home today. He has a terrible cold . . .



You + Your Unwashed Hands = Over 202 Possible Illnesses YUCK!



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