















MEASURING UP, WASHING UP.

Every year, we honor Extension
Professionals who teach families and
communities important life skills that
link cleanliness and health. Read about
the winning campaigns from Kansas
and Kentucky focusing on the proper
use of laundry detergent and promoting
handwashing to preschoolers.



ACCIDENTS INEVITABLY OCCUR IN

THE HOME – even while doing routine tasks like laundry. Every parent or caregiver with young children needs to watch this eye-opening video with child safety expert Kimberlee Mitchell to learn about the proper storage, usage and handling of single-load liquid laundry packets. Education and awareness is KEY to avoiding unintended ingestion and eye exposure. Watch and learn at KeyPledge.com.



THE DEADLINE TO APPLY for the

Healthy Schools, Healthy People, It's a SNAP national awards recognition is extended until **January 31st!** Talk to your kids' teachers about submitting their handwashing projects, activities or campaigns. Not only could their school get national recognition, they will improve the health of people everywhere.



HELPFUL HOLIDAY ADVICE!

Fireplaces crackling, wine glasses tinkling, guests chuckling ... don't miss out on the sounds of the holidays because you're stuck scrubbing the dishes in the kitchen. Here's how you can enjoy entertaining your guests without facing an enormous clean up job at the end of the night.



WAX ON? WAX OFF! 'Tis the season for menorahs, kinaras and festive party décor involving candles. Which means 'tis the season for candle wax drippings on granite, marble and wood countertops and tables. Don't worry! You can keep the flames aglow with these handy clean-up tips.



IN THE FRENZY OF PREPARING
FOR THE HOLIDAYS, HOW
CAN I MAKE MY HOME
PRESENTABLE FOR ALL THE
SPONTANEOUS VISITORS
THAT SEEM TO POP IN AND
OUT DURING THIS TIME?



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